

# CPOTs - Community Psychogeriatric Outreach Teams

Toronto Central based multidisciplinary teams with outreach services. For homebound seniors with mental health and dementia related conditions.

CPOT Name and Services Provided	Address	Contact and Website	Wait Time	Catchment Area
<b>Baycrest Centre for Geriatric Care - Geriatric Psychiatry Community Service</b> Offers assessments, treatment by multidisciplinary teams and long-term follow up. Contact is currently virtual. Eligibility: 65+ years.	3560 Bathurst Street Toronto, ON M6A 2E1	Phone: 416-785-2500, ext. 2730 (general inquiries); ext. 2100 (Central Intake); Fax: 647-788-2199 <a href="https://www.baycrest.org/Baycrest/Healthcare-Programs-Services/Clinical-Services/Centre-for-Mental-Health/Outpatient-Mental-Health-Program/Geriatric-Psychiatry-Community-Service">https://www.baycrest.org/Baycrest/Healthcare-Programs-Services/Clinical-Services/Centre-for-Mental-Health/Outpatient-Mental-Health-Program/Geriatric-Psychiatry-Community-Service</a>	4-6 weeks	(Presently no catchment during COVID 19 – all virtual services; all LHINs) <b>North:</b> Steeles Ave <b>South:</b> St. Clair Ave <b>West:</b> Dufferin Street <b>East:</b> Avenue Rd
<b>Centre for Addiction and Mental Health Geriatric Mental Health Program - PACE</b> Offers assessments and psychogeriatric consultations, counseling, education, and home visits for follow-up. Medication monitoring avail. For CAMH clients. Most contacts virtual. Eligibility: 60+ years (exception 50+ if memory loss).	80 Workman Way Ground floor, Toronto, ON, M6J 1H4	Phone: 416-535-8501, ext. 33448 Fax: 416-583-1296 Website: <a href="http://www.camh.ca">www.camh.ca</a>  Contact: Pauline: 416-535-8501 Ext. 39611	2 weeks or more (increased wait time during COVID 19)	(Under revision incl. TC LHIN and Central LHIN) <b>North:</b> St Clair Ave West <b>South:</b> Lakeshore Ave <b>West:</b> Etobicoke (limited) <b>East:</b> Yonge Street
<b>North York General Hospital, Specialized Geriatric Services</b> Services: Geriatric Psychiatry Outreach: consultation and minimal follow-up as well as Home Visits (virtual and in homes); Geriatric Psychiatric Clinics. Eligibility 65+ years.	243 Consumers Road, 3 <sup>rd</sup> floor, Toronto, ON M2J 4W8	Phone: 416-756-6871 Fax: 416-756-6438 Website: <a href="https://www.nygh.on.ca/areas-care/medicine-and-elder-care/specialized-geriatric-services/medicine-and-psychiatry">https://www.nygh.on.ca/areas-care/medicine-and-elder-care/specialized-geriatric-services/medicine-and-psychiatry</a>	3 months	<b>North:</b> Steeles Ave <b>South:</b> Lawrence Ave <b>West:</b> Dufferin St <b>East:</b> Victoria Park
<b>Providence Healthcare – Geriatric Clinics: Psychiatry; RGP Geriatric Outreach: Assess and Restore Outreach Team</b> Provides assessments, treatments and short/long-term follow up. Eligibility: 65+ years. In person and virtual services available (in person is facilitated by a clinic team member who visits client at home, and sets up a virtual meeting with the geriatric psychiatrist).	3276 St. Clair Avenue East Toronto, ON M1L 1W1	Phone: 416-285-3665 Fax: 416-285-3759 Website: <a href="http://www.providence.on.ca">http://www.providence.on.ca</a>  Contact: Shawna Funston: 416-285-3666 Ext. 4703	6-8 weeks for clinics 3-4 weeks for Geriatric Outreach	RGP catchment area for Providence (incl. Central LHIN and CE LHIN) <b>North:</b> Steeles Avenue <b>South:</b> Lawrence Avenue <b>West:</b> DVP- Broadview-St. Clair East <b>East:</b> Altona Road
<b>Sunnybrook Health Sciences Centre - Community Psychiatric Services for the Elderly</b> Offers assessment and treatment by multidisciplinary teams including long term follow up. Virtual services available. 65+ years.	2075 Bayview Avenue Suite F307 Toronto, ON M4N 3M5	Phone: 416-480-4663 Fax: 416-480-5889 Website: <a href="https://sunnybrook.ca/content/?page=community-psychiatric-services-elderly-referral">https://sunnybrook.ca/content/?page=community-psychiatric-services-elderly-referral</a>	1-2 weeks	(incl. TC LHIN) <b>North:</b> York Mills Avenue <b>South:</b> St. Clair Ave. West <b>West:</b> Avenue Road <b>East:</b> DVP

\* This document was created by the Behaviour Supports for Seniors Program, TC-LHIN BSO Coordination Office at Baycrest Health Sciences. Version date: 03.02.2021.



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Soutien en cas de troubles du comportement en Ontario



<b>Full Circle Program – Woodgreen Community Services:</b> <u>Does not currently accept external referrals.</u> Access is via referral to a Woodgreen SW, who can then internally refer to Full Circle. Virtual and in home available for Woodgreen SW and Full Circle.	815 Danforth Avenue Main floor Toronto, Ontario M4J 1L2	Intake Tel: 416 572 3575 Phone (general inquiries): 416-645-6000 ext. 1262 Website: <a href="http://www.woodgreen.org">www.woodgreen.org</a>	4-5 mos wait for Woodgreen SW (short term service, up to 6 mos)	(no catchment for virtual counseling during COVID 19) <b>North:</b> Eglinton Ave. East <b>South:</b> Beaches <b>West:</b> Yonge St. <b>East:</b> Victoria Park
<b>Seniors Mental Health Outreach Services-Trillium Health Partners – Queensway Health Centre:</b> Offers assessments, treatment, management, consultation and education for patients, families, and caregivers. 65+ years. Virtual service available.	Trillium Health Centre 150 Sherway Drive 4 <sup>th</sup> floor, Toronto, Ontario, M9C 1A4	Phone: 416-521-4057 Fax: 416-521-4072 Website: <a href="http://www.trilliumhealthpartners.ca">www.trilliumhealthpartners.ca</a>	2-4 weeks	(incl. MH LHIN; West of Mavis into Halton Region, does not service Brampton) <b>North:</b> Derry Road <b>South:</b> Lakeshore <b>West:</b> Kipling <b>East:</b> Mavis
<b>West Park Healthcare Centre - Seniors Mental Health Service, Psychogeriatric Clinical Services</b> Offers assessments by a mental health professionals, review of health challenges and medications, provides advice and information and periodic follow up. 60+ years, with a mental health issue. Outreach visits are provided by allied health (OT/SW) with psychiatry being involved by indirect consult model, with medication recommendations sent to GP. Clts who need direct psychiatric care will be referred to another team. Referrals can be from caregiver/client, healthcare provider, physician.	82 Buttonwood Avenue Toronto, ON M6M 2J5	Phone: 416-243-3600, ext. 4614 Fax: 416-243-3735 Website: <a href="https://www.westpark.org/Services/SeniorsMentalHealth">https://www.westpark.org/Services/SeniorsMentalHealth</a>  Referral form: <a href="https://www.westpark.org/~media/Files/PDFs/Forms/ReferralFormSMH_S2012.ashx">https://www.westpark.org/~media/Files/PDFs/Forms/ReferralFormSMH_S2012.ashx</a>	2-4 weeks	(2 catchment areas: incl. TC, Central, CW, MH LHIN)  <b>North:</b> Steeles Ave <b>South:</b> St Clair Ave W <b>West:</b> Hwy 427 <b>East:</b> Allen Rd  <b>North:</b> St Clair Ave W <b>South:</b> Lake Ontario <b>West:</b> Etobicoke Creek <b>East:</b> Jane St.
<b>Independence at Home (IAH) Community Outreach Team – UHN Toronto Rehab:</b> Multi-disciplinary team. Ideal for more home-bound seniors. May include an in-home or virtual assessment based on patient's needs. 65+ years.	Toronto Rehab 550 University Ave Toronto, ON M5G 2A2	Phone: 416 597 3422 x3830 Fax: 416 597 7066 Website/referral: <a href="https://www.uhn.ca/UHNReferrals/Geriatric_Outpatient_Services_Referral_Form.pdf">https://www.uhn.ca/UHNReferrals/Geriatric_Outpatient_Services_Referral_Form.pdf</a>	Up to 3 weeks for initial contact	<b>Catchment:</b> South of St Clair Avenue, West of the Don River, and East of Keele St./Parkside Dr.

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# Specialty Outreach Teams

Name and Services Provided	Address	Contact Info.	Waiting Time	Catchment Area
<b>COPA - Community Outreach Programs In Addictions (Reconnect Community Health Services):</b> Offers interviewing, counseling and solution-focused therapy. In-home visits are not initially done (virtual for initial). 55+ years. Referrals can be made by healthcare providers or clients can contact via website.	Reconnect Community Health Services, 1281 St. Clair Ave West Toronto, ON, M6E 1B8	Phone: 416-248-2050 Fax: 416-248-6557 Website: <a href="http://www.reconnect.on.ca">www.reconnect.on.ca</a>	Depends on need and demand	(Mainly TC LHIN) <b>North:</b> Hwy 401 <b>South:</b> All downtown Toronto <b>West:</b> Yonge St. <b>East:</b> Mississauga
<b>Mount Sinai Hospital – Wellness Centre</b> Offers Ax, consultations, limited home visits for Chinese seniors (age 65+). Virtual services available.	3600 Midland Avenue, Unit 103 Scarborough, Ontario, M1V 0B8	Phone: (416) 291-3883 Fax: (416) 291-8813 Website: N/A	3-4 months	Includes all of Toronto and surrounding area – especially during COVID 19. Incl. TC LHIN, Central LHIN and CE LHIN.
<b>St. Jamestown Outreach Program (STOP) – (Serves St. Jamestown, Moss Park, and Regent Park):</b> Offers intensive case management for 9-12 months for seniors (age 55+).	800 Bay Street Suite 402, Toronto, Ontario M5S 3A9	Phone: 416-482-4103 ext. 316 Cherril at ext. 312 for program info. Fax: 416-482-5237 Website: <a href="http://www.fredvictor.org">www.fredvictor.org</a>	No wait time	St. Jamestown, Moss Park, and Regent Park (incl. TC LHIN).
<b>Crisis Outreach Service for Seniors (COSS) / Toronto Seniors Helpline (Partnership between Woodgreen Community Services and TC LHIN)</b> Can access crisis outreach service (home visits) by calling the Toronto Seniors Helpline. Intake by phone, no referral form is required. Anyone can call incl family/caregivers. 65+ for COSS.	Woodgreen Community Service: 815 Danforth Avenue, Toronto, Ontario M4J 1L2	Toronto Seniors Helpline/Crisis Outreach Service for Seniors: Phone: 416-217-2077 website: <a href="http://www.torontoseniorshelpline.ca">www.torontoseniorshelpline.ca</a> Contact: Rochelle McAllister 416-405-5136	No wait time. If the line is busy, leave a msg and someone will call back.	Toronto Central LHIN; any postal code starting with M.
<b>Reconnect Community Health Services – Psychogeriatric ACT Team:</b> Multidisciplinary team with intensive services (incl. case management) for complex clients (mental health, addictions, cognitive impairment, physical health). Age 65+ (with some exceptions for 55+), serious mental health issues with impaired functioning (difficulty with ADLs and maintaining safe living situation) AND recent multiple hospital/ED admissions.	Reconnect Community Health Services, 1281 St. Clair Ave West Toronto, ON, M6E 1B8	Phone: 416-248-2050 Fax: 416-248-6557 Email: <a href="mailto:intakegroup@reconnect.on.ca">intakegroup@reconnect.on.ca</a> Website: <a href="http://www.reconnect.on.ca">www.reconnect.on.ca</a>	6 months	Toronto Central LHIN (priority given to those living West of Yonge St. to Kipling Ave, and South of Eglinton Ave. to Lakeshore Blvd.)

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